



Salt Lake County

Provider Resource Guide

This guide includes a list of current Optum Salt Lake County In-Network providers and resources to assist with coordination of care and discharge planning for members who are receiving inpatient services. This guide includes providers offering specialty services and higher levels of care. The full directory of providers can be located at optumhealthslco.com [Find a Medicaid provider](#). These resources are applicable to Salt Lake County only.

Please access this guide at optumhealthslco.com - for Network providers under the Manuals, guidelines, and policies tab for each use to assure the most up to date information.

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If you need assistance, please contact the care advocate for your facility. Additionally, providers should respond to your inquiries within 24 hours. If you have reached out and have not received a response within 24 hours, please contact the care advocate for your facility for assistance.

Optum Salt Lake County Care Coordination Staff – Contact information

The Care Coordination team is here to help you navigate several aspects of behavioral health treatment in Salt Lake County. This team assists with Optum Medicaid Provider questions and other aspects of behavioral health care as noted below.

For assistance **linking adults with Optum providers** contact:

Lisa Hancock
801-982-3222 or 385-529-8041
lisa.hancock@optum.com

For questions about **Adult admissions to the Utah State Hospital** contact

Debbie Davis
801-982-3633 or 801-725-7510
debbie.davis@optum.com

For assistance **linking youth with Optum providers** contact

Sandy Meyer
801-963-6084
sandy.meyer@optum.com

Jonathan Erbe
801-963-3122

jonathan.erbe@optum.com

For questions about **Civil Commitment status** contact

Wendy Emerick
801-982-3232
wendy.emerick@optum.com

For questions about **Youth admissions to the Utah State Hospital** contact

Sandy Meyer
801-963-6084
sandy.meyer@optum.com

For questions about **participation in Mental Health Court** contact

Angie Zuehlke
801-673-5384
angie.zuehlke@optum.com

For questions about **Peer Support** contact

Lisa Hancock
801-982-3222 or 385-529-8041
lisa.hancock@optum.com

For questions about **Housing** contact

Debbie Davis
801-982-3633 or 801-725-7510
debbie.davis@optum.com

For questions about **Family Peer Support** contact

Robyn Emery
801-963-7165
robyn.emery@optum.com

Marc Gunderson
Director, Integration & Care Coordination
801-982-3795
marc.gunderson@optum.com

Optum Network Team – Contact information

Salt Lake and Tooele County Provider Network Team

Saltlakecounty.networkbox@optum.com

P: 877-370-8953 option 2 then option 1

F: 855-466-3117

Optum Utilization Management Team – Contact information

Elvia Ruiz
877-370-8953 ext. 673674
elvia_ruiz@optum.com

Teresa Baker
877-370-8953 ext. 673656
teresa.baker@optum.com

Cheryl Evans
877-370-8953 ext. 673660
cheryl.evans1@optum.com

Jill Hodge
877-370-8953 ext. 673657
jill_hodge@optum.com

Dawnn Goldsmith
877-370-8953 ext. 673659
dawnn.goldsmith@optum.com

ACT referrals

Assertive Community Treatment (ACT) teams are intensive, community-based, person-centered, teams who provide support and mental health treatment for adults living with serious and persistent mental illness. This is the most intense outpatient treatment provided and has been called a “hospital without walls.” These teams are multidisciplinary and are characterized by a high staff to client ratio.

Salt Lake County has 5 teams who can bill Optum Medicaid. The information below explains how to make referrals and whom to contact. ACT should be considered for anyone with a serious mental illness who does not have serious impairment due to a personality disorder, TBI, intellectual disability or other organic illness.

VOA ACT - (2 teams)

Susan Pinegar
Regional ACT Director
385-831-9854
susan.pinegar@voaut.org

General Office number
801-875-4558

On-call:
The ACT on-call number is for providers and is always staffed by a prescriber.
Not for client use.
801-889-7575 – ACT I
385-228-8833 – ACT II

Odyssey House ACT Team

2411 South 1070 West, Suite A
West Valley City, UT 84119

Referrals: ACTteams@odysseyhouse.org

Lindsay K. Bowton, LCSW
Program Director
801-819-9514
lbowton@odysseyhouse.org

General office number
385-271-1017

Requirements: Referrals need to be individuals with serious mental illness who have demonstrated difficulty maintaining psychiatric stability in the community resulting in the need for institutional care.

VBH ACT

Reilly Gardner
Team Lead
801-536-6540
reillyg@valleycares.com

Russ Pryor, LCSW, MBA
Clinical Director
russp@valleycares.com

On-call
385-228-6627

Emails can be sent to the Access Team, and the ACT team mailbox
access@valleycares.com
actteam@valleycares.com

Link to the online referral portal:
valleycares.com/treatments/assertive-community-treatment/

Odyssey House FACT (Forensic ACT) Team

2411 South 1070 West, Suite A
West Valley City, UT 84119

Referrals: ACTteams@odysseyhouse.org

Lindsay Perry, CSW
Clinical Director FACT Team
385-290-2085
lperry@odysseyhouse.org

General office number
385-271-1017

Requirements: Referrals need to be persons with criminal justice involvement. The FACT team will assess their criminogenic risk which needs to be medium to high.

Long Acting Injectable (LAI) Providers

| Provider Name | Contact Number | Provides therapy services | Website/email |
|---|----------------|---------------------------|--|
| Valley Behavioral Health Salt Lake and Tooele Medicaid | 888-949-4864 | X | valleycares.com/ |
| Anderson Wellness | 801-676-9452 | | andersonwellness.com/ |
| Psychiatric and Behavioral Solutions | 801-467-1200 | X | pb-solutions.net/ |
| Volunteers of America Utah ACT All including Clozaril and Relprevv Cornerstone Clozaril, no Relprevv | 801-355-1528 | X | Volunteers of America, Utah |
| Lotus Center Inc Salt lake and Tooele Medicaid | 385-272-4292 | X | The Lotus Center – Integrative Therapy |
| Dynamic Psychiatry Salt Lake and Tooele Medicaid | 801-349-2480 | | Dynamic Psychiatry |
| COPA Murray location | 385-318-3200 | X | MEDreferrals@copahealth.org |
| Holy Cross Jordan Valley West | 801-964-3111 | | Holy Cross Jordan Valley West |
| Asian Association of Utah Refugee and Immigrant Center | 801-467-6060 | X | aau-slc.org/ |
| Journey Center for Behavioral Health | 801-232-7633 | X | Info@journeysl.org |

Adult services

VOA PREP (Prevention and Recovery from Early Psychosis)

1875 S Redwood Road, South Salt Lake, UT 84104

VOA's PREP Team provides treatment and support for individuals at risk for, or who have already experienced their first episode of psychosis in the past two years and who have who have been deemed clinically high-risk or are already experiencing initial symptoms of psychosis, regardless of insurance or funding.

Age 16-26

Services:

Case management

Medication management

Psychotherapy

Family education and support

Vocational support.

Program manager

801-355-2846

708-638-4376

jessica.carpenter@voaut.org

Kylee Jenkins, MD

801-875-4558

kylee.jenkins@voaut.org

Project Connection's CTI Program

2655 S. Lake Erie Drive Suite B West Valley, UT 84210

Critical Time Intervention is an Intensive Case Management Program designed to help individuals transition from inpatient mental health care back to the community.

General contact:

385-441-4900

projectconnection.co/community-programs

VBH HOST (Housing, Outreach, Stabilization Team)

This team operates using a prevention and stabilization model to serve members who need extra support in outpatient care, but who do not qualify for residential, inpatient or an ACT team.

General contact: 801-273-643

access@valleycares.com

Available M-F from 8 a.m. to 5 p.m. Referrals and staffing can be done through one of the above-mentioned methods.

Psychiatric Behavioral Solutions (PBS)

1459 East 3900 South, Salt Lake City UT 84124

Services:

Therapy

Case management

Medication management (including members who have a therapist outside their agency)

Website: pb-solutions.net/

General contact:

P: 801-467-1200

F: 801-467-1210

pb-solutions.net/contact-us/

Adult IOP Program

Reach Counseling - IOP program

873 W Baxter Drive South Jordan, UT 84095

The Intensive Outpatient Program (IOP) provides support and treatment options in a less restrictive environment. Three hours of groups, classes, activities and counseling three times a week.

Services:

Individual therapy

Family therapy

Perinatal Yoga

Attachment sessions

Skills-based classes

Referrals:

P: 801-446-3515

T: 925-876-4282

admin@reachcounselingutah.com

Adult Residential Programs

VOA Residential for men – more information to come – Opening Summer 2024

Odyssey House

Men's Program - 2411 S 1070 W, West Valley City, UT 84119

Women's Program - 645 S 1300 E, Salt Lake City, UT 84102

Men's and Women's residential treatment for co-occurring mental health and SUD illness

Referrals:

Odyssey House Admissions

801-322-3222 ext. 1

Turning Point – Mountain View Residential Treatment

616 E 11000 S

Sandy, UT 84070

A residential program for men and women with serious mental illness.

Referrals:

Steve Defrank
352-437-9641

stevend@turningpointcenters.com

Sharla Whitaker
385-342-0309

sharlaw@turningpointcenters.com

Valley Core

Men's Program - 443 S 600 East, Salt Lake City, UT 84102

Women's Program - 1228 S 900 E, Salt Lake City, UT 84105

Co-occurring Reentry and Empowerment (CORE) program offers residential treatment services to adult male and female criminal offenders with co-occurring substance abuse and mental health disorders.

Referrals:

(801) 963-4248

corereferrals@valleycares.com

Access team

801-273-6430

access@valleycares.com

Valley STEPS

280 E 600 S

Salt Lake City, UT 84111

Residential treatment for individuals who need support in obtaining and maintaining housing due to mental health needs, financial issues, and access to resources.

Referrals:

Access team

801-273-6430

access@valleycares.com

Adult Case Management Providers

| Provider | Address | If referring to this provider: |
|----------------|--|---|
| Alliance House | 1724 South Main Street Salt Lake City, Utah 84115 | 801-486-5012 1. Fill out referral form online at: alliancehouse.org/ 2. Have member that is being discharged call, so they can talk with them and schedule a tour. The provider at that time will explain in detail the requirements to become an alliance house member. |
| Altium Health | 7181 Campus View Drive Suite# 1A West Jordan, Utah 84084 | 385-832-8239 Admissions Coordinator Amanda Herd |

| | | |
|-------------------------------------|---|---|
| Amethyst Center for Healing | 718 S 600 E Salt Lake City, Utah 84111 | 801-467-2863 1. Provider office will need the email of healthcare provider referring member, to email them the intake forms to fill out. 2. Provider asks that intake forms be sent back to them prior to member's office visit. |
| Asian Association of Utah | 155 S 300 W Salt Lake City, Utah 84101 | 801-467-6060 |
| Bears Ears Child and Family Therapy | 22 West Vine Street Tooele, Utah 84074 | 435-882-4354 |
| Clinical Consultants | 7601 S Redwood Road West Jordan, Utah 84084 | 801-233-8670 |
| COPA Magna | 8265 W 2700 S Magna, Utah 84044 | 385-318-3200 Utilization Review Specialist Cheryl Form will be emailed to be filled out. |
| First Step House | 411 N Grant Street Salt Lake City, Utah 84116 | For members who have been discharged from our care or who have been gone from our facility more than a week or so in hospitalization: Matt Croft, MBA Admissions Manager Office: 801.359.8862 x 2129 Fax: 801.359.8510 For members who have been hospitalized for short stays and who are still enrolled in our services: Melissa Guest RN, BSN Nursing Services Department Manager Office: 801.359.8862 ex 2111 Mobile: 801.505.8294 Fax: 801.359.8510 |
| GCS Foundation | 716 E 4500 S, #N160 Murray, Utah 84107 | Teri Hartman SSA Supervisor Direct: 385-388-0976 Office: 801-281-1100 x106 Fax: 801-281-1936 Mailing: PO Box 520009, Salt Lake City, UT 84152-0009 Physical: 716 E 4500 S, Suite #N160, Murray, UT 84107 |
| Hopeful Beginnings | 3280 W 3500S West Valley City, Utah 84119 | 801-979-1351 |
| Journey LLC | 1343 S Main Street, Suite# B South Salt Lake, Utah 84115 | 801-232-7633 |
| Lotus Center Inc. | 4376 S 700 E, Suite# 200 South Salt Lake, Utah 84107 | 385-272-4292 |

| | | |
|--|--|------------------------------|
| Lumos Enterprises | 14241 S Redwood Road, Suite# 300 Riverton, Utah 84065 | 385-342-0621 Randy Bevins |
| Moving Forward Counseling | 9844 S 1300 E, Suite# 250 Sandy, Utah 84094 | 801-810-5037 |
| Multicultural Counseling Center | 7625 S 3200 W West Jordan, Utah 84084 | 801-915-0359 |
| New Beginnings Behavioral Health | 217 E Scenic Peak Cove Draper, Utah 84020 | 801-282-6953, Option 1 |
| Path Integrated Healthcare | 1370 S West Temple Salt Lake City, Utah 84115 | 801-893-8417 |
| Project Connection Utah | 2655 S Lake Erie Drive West Valley City, Utah 84120 | 385-441-4900 |
| Project Reality | 667 S 700 E Salt Lake City, Utah 84102 | 385-881-0170 |
| Psychiatric and Behavioral Solutions | 1459 E 3900 S Salt Lake City, Utah 84124 | 801-467-1200 |
| Silverado Counseling Services | P.O. Box 824 Greendale, Utah 84020 | 801-983-5540 |
| University of UT Medical Center Department Psychiatry-Assessment & Referral Services | P.O. Box 413076 Salt Lake City, Utah 84141 | 801-587-2770 |
| Utah Harm Reduction Coalition | 91 E Fort Union Blvd Midvale, Utah 84047 | 801-569-1995 |
| Utah Healing Center | 45 E Vine Street Murray, Utah 84107 | 801-266-4643 |
| Valley Behavioral Health | VBH Youth and Families Clinic 3737 W 4100 S, Suite# 100 West Valley City, Utah 84120 Adult Same Day Access - North Valley Building 1020 S Main Street Salt Lake City, Utah 84150 | 888-949-4864 |
| Volunteers of America | 1875 S Redwood Road Salt Lake City, Utah 84104 | 801-355-2846 |
| Wasatch Behavioral Health | 371 S Vineyard Road Orem, Utah 84058 | 801-960-1680 |

Ambulatory Detox

White Tree Medical

10437 S Jordan Gateway South Jordan, UT 84095

Walk-in detox services available 24/7. Mon-Fri: 9:00am – 7:00pm; Sat & Sun: By Appointment Only

Referrals: 801-503-9211

Salt Lake County SUD Treatment Providers with Available ASAM Levels of Care

| Agency | Address | Phone | Description of Services | Provides SUD and MH services |
|--|--|--|--|------------------------------|
| Altium | 7181 South Campus View Drive, Suite 1A West Jordan, UT 84084 | 801-613-9843 Email: help@altiumhealth.com | Adult: Evaluations ASAM 1.0 ASAM 2.1 | X |
| Assessment and Referral Services (ARS) | 450 South 900 East #300 Salt Lake City, UT 84102 | 801-532-1850 | Adult Evaluations DUI Evaluations | |
| Asian Association of Utah Refugee & Immigrant Center | 155 South 300 West Salt Lake City, UT 84101 | 801-467-6060 | Adult: Evaluations ASAM I.0 Youth: Evaluations ASAM I.0 | X |
| Baymark | 164 E 5900 South, #101 Murray, Utah 84107 | 801-261-5790 | MAT Provider ASAM: I.0 | |
| Clinical Consultants | 7601 So Redwood Rd West Jordan, Ut 84084 | 801-233-8670 | Adult: Evaluations ASAM I.0 & II.1 | X |
| Discovery House Utah | 449 E 2100 S Salt Lake City, UT 84115 5983 S Redwood Rd Taylorsville UT 84123 | 801-596-2111 | MAT Provider ASAM: I.0 | |
| Denovo | 339 E 3900 S #155, Salt Lake City, UT 84107 | 801-263-1056 | MAT Provider ASAM: I.0 | |
| House of Hope | 857 East 200 South Salt Lake City, UT 84102 | 801-487-3276 | Adult: Women Only Parenting Women Children ASAM I.0;II.1;II.5; III.5 | |
| First Step House | Residential: 411 Grant Street Salt Lake City, UT 84116 | 801-359-8862 | Adult: Men only ASAM: III.1; III.3; III.5 | |

| | | | | |
|--------------------------------------|---|---|--|---|
| | <p>Outpatient 434 S 500 E, Salt Lake City, UT 84102</p> | <p>Recipients who have been discharged from our care or gone from the facility more than a week in hospitalization: Matt Croft, MBA Admissions Manager P 801.359.8862 x 2129 F 801.359.8510</p> <p>Recipients who have been hospitalized for short stays and are still enrolled in our services:</p> <p>Melissa Guest RN, BSN Nursing Services Department Manager P 801.359.8862 ex 2111 M 801.505.8294 F 801.359.8510</p> | ASAM: I.0; II.1; II.5 | |
| Next Level Recovery | 6771 S 900 E Midvale UT 84047 | 801-386-9799 | <p>Adult Men and Women</p> <p>ASAM: I.0; II.1; II.5</p> <p>ASAM: 1.0 Youth</p> | X |
| Odyssey House | <p>344 East 100 South Suite 301 Salt Lake City, UT 84111</p> <p>Martindale Clinic: 340 E. 100 S. Salt Lake City, UT 84111</p> | 801-428-3417 | <p>Adult Evaluations Women & Men Parenting parents Children with parents ASAM I.0; II.1; II.5; III.1; III.3; III.5</p> <p>Youth: Evaluations ASAM: I.0; II.1; II.5; III.1; III.5</p> | |
| Project Reality | <p>150 East 700 South Salt Lake City, UT 84111</p> <p>5280 S. Commerce Dr. Suite D110 Murray, UT 84107</p> | 801-364-8080 | Adult: Women & Men ASAM: MAT; I.0 | |
| Salt Lake County Behavioral Services | 2001 So State Street Salt Lake City, UT 84111 | 385-468-2009 | FRC & DORA Evaluations ASAM: 1.0 (PG Women Only) | |
| Salt Lake County Youth Services | 177 West Price Ave Salt Lake City, UT 84115 | 385-468-4519 | Youth: Evaluations I.0; II.1 | X |

| | | | | |
|--|--|----------------------------------|--|---|
| Tranquility Place | 160 E 800 S Ste B Salt Lake City, UT 84111 | 801-924-9240 | MAT Provider 1.0 | |
| Valley Mental Health | 5965 South 900 East Salt Lake City, UT 84121 | 801-263-7225 | Adult: Evaluations Women & Men Parenting Women Children with parent ASAM: I.0; II.1; II.5; III.5 Youth: Evaluations ASAM: I.0; II.1; II.5; III.5 | X |
| Volunteers of America Cornerstone Counseling | 447 West Bearcat Dr Salt Lake City, UT 84115 Men's Social Detox Ctr 1875 S Redwood Rd Salt Lake City, UT 84104 Center for Women and children 697 W 4170 S Murray, UT 84123 | 801-355-2846 801-261-9177 | Adult: Evaluations Women & Men Parenting Women Children with ASAM: I.0; II.5; III.2 | X |
| White Tree Medical Center | 10437 S Jordan Gateway, South Jordan, UT 84095 | 801-503-9211 | Social Detox ASAM: I.0 | |

Youth Higher Levels of Care Providers

For all youth higher levels of care, a referral must be made by the current clinician. The clinician submits the referral directly to the requested program. The requested program reviews the clinical first. If they accept the referral, the referral is then sent to Optum for preauthorization. Referrals are not submitted by a parent.

Hopeful Beginnings Ages 12-17
3280 W 3500 S, West Valley City, UT 84119
Phone: 801-979-1351

Daily, short-term, intensive day treatment program whose average length of stay is 2-3 months.

Services:

Therapeutic behavioral skills training and reinforcement
Cognitive behavioral therapy
Wrap around client and family support
Medication management
In-home wrap around services as needed
Some courtesy transportation services available.

Referrals:

Dave Koldewyn, LCSW
Program manager
801-557-5940
koldewyn@hopefulbeginnings.net

VBH day treatment programs

3737 W 4100 S STE 100 West Valley City UT 84120

Full day treatment programs for youth needing additional support in relation to their mental health and associated behavioral issues. These programs have a structured school component through Granite School District, a medication prescriber available and offer courtesy transportation services.

Amanda Van Ausdal, CMHC
Program Director, CYF Services
801-565-6939
amandav@valleycares.com

Referrals for all programs:
daytreatmentreferrals@valleycares.com
801-565-9600

AIM: Ages 12-17

This daily program focuses on keeping youth positively engaged with their families and communities. The average length of stay is 12 weeks and family therapy is approximately once/month.

Common diagnoses treated:

Depression
Anxiety
Oppositional defiant disorder (ODD)
Attention deficit disorder (ADHD)
Anger management issues
Trauma-related disorders

DBT: Ages 12-17

This daily program focuses on keeping youth positively engaged with their families and communities. Average length of stay is six months and family therapy occurs 1-2x/month.

Common diagnoses treated:

Depression
Self-harm
Anxiety
Suicidal ideation
Trauma-related disorders

KIDS: Ages 5-11

This daily program focuses on keeping children positively engaged with their families and communities. The average length of stay is 12 weeks.

Common diagnoses treated:

Depression

ODD

Anxiety

ADHD

Anger management issues

Trauma-related disorders

ACES: Ages 5-12

Daily afterschool IOP program that can serve as a step-down from higher levels of care to assist in successfully transitioning back to outpatient or as an intermediate step prior to jumping straight to a higher level of care such as a full day treatment program, residential treatment, or inpatient hospitalization.

Common diagnoses treated:

Depression

ODD

Anxiety

ADHD

Trauma-related disorders

St. Anthony The Utah House: Ages 9-17

331 W 2700 S Salt Lake City, UT 84115

IOP and day treatment programs with a higher acuity population, often utilized for youth who have not been successful in other programs. Day treatment is daily and IOP is 2-3 days per week and there is an intensive family therapy and in-home component.

Common diagnoses treated:

Conduct issues

Anxiety

Depression

ADHD

Mild co-occurring SUD issues

Services:

IOP (either 2 or 3 days)

Day treatment

2-3 groups/day with youth

individual therapy 1-2 x/week

behavior management sessions 2-3 times

Partners with an online school program through Roots Charter.

Some transportation services through ModiveCare (ages 16 and up)

Referrals:

Jessica Tripp

Clinical Admin

801-499-1394

jessica@theuthouse.com

Aly Jurgela, LPC, CMHC

801-678-3317

aly@theuthouse.com

General phone number - 801-678-3317

Lumos: Ages 11-17

14541 S Redwood Rd. Building A; Suite 300
Buffdale, UT 84065

Daily PHP and three-time weekly IOP for youth

PHP Includes:

Individual therapy once/week
Family therapy once/week
3 hrs. of Skills training and schoolwork
4 DBT processing/skills groups
2 groups for music and art therapy

Referrals:

Randi Bevins
Program/Admissions Director
385-342-2808
randi@lumosheals.com

IOP includes:

9 hours total therapy
3 DBT processing/skills groups
3 music/recreation therapy groups
Individual/family sessions once/week

Exclusions:

Aggression in more than one setting
Autism level 2
Substance abuse primary diagnosis
Psychosis
Binging and purging
IQ below 80
No transportation

Reach Counseling - IOP program: Ages 14-17

873 W Baxter Drive South Jordan, UT 84095

Intensive outpatient program designed for teenagers who could benefit from additional support with their mental health. Provides teenagers with coping skills, stress management skills, and interpersonal skills that will help them prepare for young adulthood.

Common diagnoses treated:

Anxiety Bipolar
Depression ADHD
Suicidality Emotional Dysregulation
Self-harm Conduct Disorder
Trauma Behavioral Issues
Borderline Personality Disorder traits

Referrals:

P: 801-446-3515
T: 925-876-4282
admin@reachcounselingutah.com

New Beginnings: Ages 11-17

217 E. Scenic Peak Cove Draper, Utah 84020

RTC, day treatment (daily) and IOP (3 day/ week) services who have failed out of lower levels of care.

Common diagnoses treated:

Depression
Anxiety
ADHD
Attachment issues
Bipolar disorder
Borderline personality disorder

Exclusions:

Active and high-risk drug users
Highly violent or physically aggressive youth
Sexually aggressive, compulsive, disturbed, or group influenced to exhibit sexualized behaviors beyond the norm for their age and developmental level

Compulsive disorders
Exposure to domestic violence
Grief management
High risk behaviors
ODD
Parent-child relationship issues
Sexual abuse
Trauma
Truancy

Referrals:

Femia Pittman, PhD., (ABD)
Chief Operations Officer
801-282-6953 x1
femia@newbeginningslv.org

Youth requiring assistance with toileting or more than 20% direct assistance with ADLs
Victims of head trauma
Full IQ score 80 and below
Juvenile sex offenders
Pregnant or parenting teens
Youth diagnosed with a primary eating disorder

Services:

Day treatment - Individual, family, and group therapy
IOP- Individual, family, and group therapy

Aspire Academy: Ages 12-17, female only
371 S Vineyard Rd, Orem, UT 84058

A high needs mental health adolescent female only level 6 residential program with intermediate secure care. This program is for individuals who require intensive psychiatric, behavioral, medical, and other structured rehabilitative interventions as well as continuous monitoring.

Typical problem areas addressed include:

Family disruption
Self-harm
Suicidal behaviors
Running away
Multiple placements
Substance abuse
History of trauma (physical abuse, sexual abuse, neglect, domestic violence)

Services:

Intense Weekly Program
Individual Therapy (at least 2 times/week)
Family contact/therapy
Group therapy (5 times/week)
Life Skills focus and Skills Groups
Anger Management
Healthy Relationships (including healthy sexuality)
DBT and TF-CBT
Why try?/Oh shift! Life Skills Group/Voices/Seeking Safety

Referrals:

Amanda Stansfield, LCSW
Program Manager
Wasatch Behavioral Health / CY-FAST / IP_USH
Aspire Academy
M: 801-367-6630
astansfield@wasatch.org

Copa Health- Magna Treatment Facility Ages 13-17
8265 West 2700 South, Magna, UT 84044

A safe, comfortable home for youth with emotional and behavioral challenges, offering services within a treatment milieu that will enable them to learn, grow, and thrive. Services and supervision are provided by trained personnel and within a licensed setting.

Services:

Individual and Group Therapy
Psychosocial Skills/Rehabilitation
Art Therapy Medication Management
Fitness and Wellness
On site educational/school services

Referrals:

MEDreferrals@copahealth.org

Cara Durfee, Director
385-977-4870

cara.durfee@copahealth.org

Path Behavioral Health, Adolescent Day Treatment Ages 12-17

1370 South West Temple SLC,
SLC, UT 84115

Serves high acuity youth who may have exhausted other avenues of treatment, utilizing empirically supported, trauma informed modalities including Acceptance and Commitment Therapy (ACT), Attachment-based family therapy and DBT.

Services:

Day treatment/PHP 9:00am – 3:00pm- M-F
IOP 4:00 – 6:00pm T, W, TH
Regular 6-week parenting courses and caregiver support

Referrals:

801-893-8417
Yotam Livnat: ylivnat@pathihc.com
Jamaica Shires: jshires@pathihc.com

Transportation provided through ModiveCare (ages 16 and up)

Youth SUD Services

VOA

1875 S Redwood Rd.
South Salt Lake, UT 84104

ASAM 1.0 SUD treatment for individual and family sessions to Medicaid clients only.

Referrals:

Family can contact Cornerstone Counseling center's main number at 801-355-2846 and say they are interested in an intake for individual youth substance use treatment.

Clinical Consultants

7601 South Redwood Rd. Bldg. E
West Jordan, UT 84084

Program offers SUD assessments, ASAM 1.0 SUD treatment.

Services:

Individual therapy
Drug testing
Family therapy
Outpatient DBT/skills group

Referrals:

Rachelle Babcock, CMHC, ASUDC
West Jordan Site Director
P: 801-233-8670 ext. 111
F: 801-233-8682

Salt Lake County Division of Youth Services

Main Facility - 177 West Price Avenue (3610S) Salt Lake City, UT 84115
385-468-4500

West Jordan Location - 8781 South Redwood Rd BLD #3 West Jordan, UT 84088
385-468-4610

Program provides assessments and ASAM 1.0 SUD treatment for Medicaid and unfunded youth

Referrals:

Salt Lake Location:
JD Green, LCSW
385-468-4500

West Jordan location:
David Christensen, LCSW at
385-468-4610

Odyssey House

ASAM 1.0, 2.1, 2.5, 3.1, and 3.5 levels of care

Services:

Individual therapy
Group therapy
Trauma services
Family therapy
Psychiatric services

Referrals:

[Teen Residential](#)

Hollie Hancock, CMHC
Clinical Director
801-428-3442

Residential for high school students who are enrolled in school.

607 E. 200 S.
Salt Lake City, UT, 84102

Teens also participate in:
On-site, accredited high school managed by Salt Lake City School District
Vocational preparation
Life skill development
Recreational activities

Other youth services

VOA Homeless Youth: Ages 15-22
888 S 400 W, Salt Lake City, UT 84101

Provides meals, emergency shelter, case management, and support for homeless and at-risk teens.

Referrals:

General number: 801-364-0744

Dani Nives, Division Director
Youth Homeless Services
801-364-0744 X162

Annie Brown
Program Manager YRC
801-364-0744 X180

Salt Lake County Division of Youth Services

Family Peer Support Specialist

177 West Price Avenue (3610S)
Salt Lake City, UT 84115

The team's mission is to help parents and/or primary caregivers with children experiencing mental health and/or substance abuse challenges which are resulting in trouble at school, with the law and/or that put the child at risk of out of home placement. Family Peer Support Specialists act as family peer support for families and offer a unique perspective, having utilized the mental health system either themselves or for a family member. Services and support include information to access community resources and local support groups and are provided at no cost to the families.

Referrals:

Kelly Ford
Supervisor, Family Peer Support Program
801-631-1086

kford@slco.org

Robyn Emery
Optum Salt Lake County Family Support Specialist
801-963-7165

robyn.emery@optum.com

High Fidelity Wrap Services (System of Care's High-Fidelity Wraparound (HFW))
Statewide program region based

System of Care's High-Fidelity Wraparound (HFW) is a customized service approach to keep families safely together while effectively helping children with emotional and/or behavioral health needs thrive in their homes, schools and communities. HFW is an evidence-based approach to family-driven, team-based, collaborative planning for developing and implementing individualized care plans for children and youth with significant mental illness, emotional disturbance and/or behavioral disorders.

HFW is not case management, it is the Department of Human Services' (DHS) highest intensity service coordination with the goal of ensuring youth with acute needs are able to remain in their homes, schools and communities without the need for residential or out-of-home services. HFW Facilitators are credentialed to facilitate this high-intensity, high-frequency intervention to families of youth with complex needs who meet referral criteria and traditional methods of service delivery have not been effective.

Referrals: 801-538-3995 jjys.utah.gov/services/youth-servicesutah.gov

JJS Youth Services Model high fidelity wrap program

3450 S 900W
Salt Lake City, UT 84119

Individualized services for youth so they can safely remain in their homes, schools, and communities. The primary goals are to help keep families intact and to prevent youths from further involvement with the juvenile justice system. "The Youth Services Model is a "no wrong door" approach to early intervention. Through this model, Utah delivers evidence based, individualized youth and family plans with early screening, assessment, plan management, and comprehensive access to services all driven by the youth and family strengths and needs."

Referrals
385-269-5105
jjys.utah.gov/services/youth-services

Youth HLOC referrals

If support is needed for referrals to a HLOC for inpatient discharge please contact the Care advocate reviewing the case or call 1-877-370-8953.